

## ALL OF ME

Bill & Carol Goss  
858-638-0164  
All of Me by Michael Buble  
Foxtrot/ Jive Phase IV  
INTRO, A, A, B, C, A, Ending

10965 Sunny Mesa Rd. San Diego, CA 92121  
gossbc@san.rr.com  
CD: Crazy Love, Track 2 on Amazon Music  
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Footwork: Opposite Unless Note

### INTRO

#### **1-4 WAIT;; 2 SLOW CROSS PTS;;**

1-2 {Wait} Bk to bk M fc COH lead ft free;;  
S- 3-4 {2 Slow Cross Pts} Fwd L slght XIF of R,-, pt R to sd,-; Cont to  
S- move away from ptr slgth XRIF of L,-, pt L to sd,-;

#### **5-8 CIRCLE SNAPS 4;; SD BRKS 4 TIMES;;**

SS 5-6 {Circle Snaps 4} Circle LF (W RF) twd RLOD make a half circle  
SS to end fcng ptr & wall with step snaps with both hnds fwd L/  
snap, fwd R/ snap, fwd L/ snap, fwd R/snap;  
&S&S 7-8 {Sd Brks 4 Times} No hnds small sd L/ small sd R (think out-  
&S&S out),-, tog L/ tog R (think in-in),-; Repeat meas 3;

### PART A

#### **1-4 TWIRL VINE SQQ; WING DIAG OUT; CROSS HOVERS TO BJO; TO SCAR;**

SQQ 1-2 {Twirl Vine SQQ} Join lead hnds vine sd L,-, XRIB of L, sd L as  
S- lead W to twirl (W fwd R trn ½ RF,-, bk L cont RF trn to fc ptr,  
(WSQQ) sd & fwd R to SCP LOD); {Wing Diag Out} Fwd R twd LOD  
lead W to XIF of M,-, draw L to R end SCAR DW,- (W fwd L,-,  
XIF of M fwd R, fwd L end SCAR);  
SQQ 3-4 {Cross Hovers to BJO} Fwd L,-, sd & fwd R with hover action  
SQQ trn LF to fc DC, fwd L in BJO; {To SCAR} Fwd R,-, sd & fwd L  
with hover action trn RF to fc DW, fwd R in SCAR;

#### **5-8 TO SEMI; FEATHER; OPEN REV; OPEN FINISH;**

SQQ 5-6 {To Semi} Fwd L,-, sd & fwd R with hover action trn to SCP DC,  
SQQ fwd L in SCP; {Feath} Fwd R,-, fwd L, fwd R to BJO DC (W  
fwd L,-, sd & bk R, bk L in BJO);  
SQQ 7-8 {Open Rev} Fwd L start LF trn,-, cont LF trn sd & bk R, bk L to  
SQQ BJO fc RLOD; {Open Fin} Bk R cont LF trn,-, cont LF trn sd &  
fwd L, fwd R in BJO DW;

#### **9-12 CHG OF DIRECTION; TELEMAR SEMI; OPEN NAT; IMP SEMI LOD;**

SS 9-10 {Chg of Directon} Fwd L,-, sd & fwd R trning LF to fc DC, draw  
SQQ L to R in CP DC;  
{Telemark Semi} Fwd L start LF trn,-, fwd & sd R arnd W, sd &  
fwd L in SCP DW (W bk R,-, cl L to R heel trn, sd & fwd R in

		SCP);
SQQ	11-12	<b>{Open Natural}</b> Fwd R start RF trn,-, sd & fwd L XIF of W cont
SQQ		RF trn, bk R in BJO RLOD (W fwd L,-, fwd R, fwd L); <b>{Impetus Semi LOD}</b> Bk L,-, cl R to L heel trn, sd & fwd L to SCP LOD (W fwd R,-, fwd L trn RF, sd & fwd R in SCP LOD);
<b>13-16</b>		<b><u>FWD HOVER BJO; QK CHK BK RECOV TWIST VINE 6;; SD DRAW CL;</u></b>
SQQ	13-15	<b>{Fwd Hover to BJO}</b> Fwd R,-, fwd L trning W to BJO, recov bk
QQQQ		R BJO LOD (W fwd L,-, fwd R trning LF to BJO, recov L to
QQQQ		BJO; <b>{Qk Chk Bk Twisty Vine 6}</b> Qk chk bk L in BJO, recov R to fc ptr, sd L trn RF, XRIB of L; sd L trn LF, XRIF of L, sd L trn RF, XRIB of L;
SS	16	<b>{Sd Draw Cl}</b> Trn LF to fc ptr & wall deep sd L, draw R to L, cl R to L,-;

**REPEAT PART A****PART B****1-4 JIVE CHASSE LEFT & RT; CHG PLACES RT TO LEFT;,, AND LEFT TO RT;,,**

1a23a4	1	<b>{Jive Chasse Left &amp; Right}</b> Sd L/ cl R, sd L, sd R/ cl L, sd R to SCP LOD;
123a4	2-4	<b>{Chg Places Right to Left}</b> Rk bk L in SCP, recov R, sd L/ cl R, sd L trning ¼ LF; sd & fwd R/ cl L, sd R fc LOD (W rk bk R, recov L, sd R/ cl L, fwd R trn ¾ RF under lead hnds; sd & slght bk L/cl R, sd & bk L), <b>{Chg Places Left to Right}</b> Rk bk apt L, recov R; sd L/ cl R, sd L trning ¼ RF, sd R/ cl L, sd R to fc ptr & wall (W rk bk apt R, recov L; fwd R/ cl L, fwd R trning ¾ LF under lead hnds, sd L/ cl R, sd L to fc ptr);

**5-8 CHG HND S BEHIND THE BK;,, SPANISH ARMS TO SEMI;,, DBL RK;**

123a4	5-8	<b>{Chg Hnds Behind the Bk}</b> Rk bk apt L, recov R, slgt fwd L/ cl R, fwd L trning ¼ LF begin to chg from L hnd joined to R hnd joined with W's R hnds; slgt sd & bk / cl L, sd R cont trn LF 1/4 and rejoin lead hnds fc COH (W rk bk apt R, recov L, fwd R/ L, R trning ¼ RF; sd L/ cl R, sd & bk L trning ¼ RF), <b>{Spanish Arms to Semi}</b> Rk bk apt L, recov R trning RF start to wrap W; sd L/ cl R, sd L cont RF trn as bring W to momentary wrap with lead hnds high & trail hnds low and unwrap the lady to fc, sd R/ cl L, sd R to SCP LOD (W rk bk apt R, recov L trning ¼ LF start to wrap; sd R/ cl L, sd R trning ¾ RF to unwrap, sd L/ cl R, sd L to SCP); <b>{Dbl Rk}</b> Rk bk L, recov R, rk bk L, recov R;
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**9-12 4 PT STEPS;,, 4 KICK STEPS;,,**

-2-4	9-10	<b>{4 Pt Steps}</b> Pt L fwd, step L, pt R fwd, step R; pt L fwd, step L, pt R fwd, step R;
-6-8		
-2-4	11-12	<b>{4 Kick Steps}</b> Kick L ft fwd & across on diag twd W M higher than W so his ft is on top, step L LOD, kick R ft LOD , step R;
-6-8		

Repeat meas 11;

**13-16 THROWAWAY; DBL RK; CHICKEN WALKS 2 SLOWS 4 QKS;;**

- 1a23a4 13-14 {**Throwawy**} Sd L/ cl R, sd L trning ¼ LF, sd & fwd R/ cl L, sd & fwd R to lead hnds join fc ptr & LOD; {**Dbl Rk**} Rk apt bk L, recov R, bk L, recov R;
- 1-3- 15-16 {**Chicken Waks 2 Slows 4 Qks**} Bk up L,-, R,-; bk L, R, L, R (W fwd R toe out,-, fwd L toe out,-; with same toe action fwd R, L, R, L);

**PART C**

**1-4 CHG PLACES LEFT TO RT;,, SHOULDER SHOVE;,, LINK RK;**

- 123a4 1-3 {**Chg Places Left to Rt**} See meas 2-4 part A for description;,,  
5a678 {**Shoulder Shove**} Rk apt bk L, recov R, trning RF (W LF) sd  
1a23a4 chasse L/R, L to lower lead shoulders into each other both fc  
RLOD, chasse apt to fc R/L, R;
- 567a8 4 {**Link Rk**} Rk apt bk L, recov R, fwd chasse tog to CP fwd L/ cl R, fwd L;

**5-8 TO SEMI & RK TO; JIVE WALKS; SWVL WALK 4; THROWAWAY SHAKE HNDS;**

- 1a234 5-6 {**To Semi & Rk To**} Sd R/ cl L, sd R to SCP LOD, rk bk L, recov R; {**Jive Walks**} Fwd triples trning slgtly in fwd L/ cl R, fwd L, trning slgtly away fwd R/ cl L, fwd R;
- 1234 7-8 {**Swvl Walk 4**} Placing ft directly IF of other foot swvl in L, out R, in L, out R; {**Throwaway Shake Hnds**} Sd L/ cl R, sd L trning ¼ LF, sd & fwd R/ cl L, sd & fwd R to shake hnds fc LOD;

**9-12 TRIPLE WHEEL 3 FC COH;,, WINDMILL;,,**

- 123a4 9-12 {**Triple Wheel 3 Fc COH**} Rk apt bk L, recov R trning RF lead W fwd twd R sd to trn her LF, chasse sd L/cl R, sd L pat W's bk with L hnd; trn LF chasse in pl R/ L, R trning W RF, trn RF chasse in pl L/ R, L pat her bk with L hnd; spin lady RF release hnds chasse in pl R/ cl L, R to LOP fc W & COH wheeling ¾ over entire figure (W rk bk R, recov L trning LF, chasse sd R/ cl L, sd R; trning RF chasse sd L/ cl R, sd L & pat M's bk with L hand, trning LF chasse sd R/ cl L, sd R fc COH; releasing hnds spin RF full trn in pl L/R, L ending LOP fc M & wall),  
{**Windmill**} Rk apt bk L, recov R; fwd L in front/ cl R fwd L trning ¼ LF, sd R/ cl L, sd R trning ¼ LF maintain BFLY thruout end fc wall (W rk apt R, recov L trn ¼ LF; sd R/ cl L, sd R trning ¼ LF, sd L/ cl R, sd L);

**13-16 LEFT TRNING FALLAWAY;,, RT TRNING FALLAWAY;,, RK, RECOV, SD, CL;**

- 123a4 13-16 {**Left Trning Fallaway**} Rk apt bk L, recov R to CP start LF trn, cont LF trn sd L/ cl R, sd L fc COH; sd R/ cl L, sd R to SCP RLOD, {**Rt Trning Fallaway**} Rk bk L, recov R start RF trn; cont RF trn sd L/ cl R, sd L, fc wall sd R/ cl L, sd R to SCP LOD;
- 5a678  
1a23a4  
5678

{Rk Recov Sd Cl} Rk bk L, recov R to fc ptr & wall, sd L, cl R;

**REPEAT A**

**ENDING**

**1-4 JIVE CHASSE LEFT & RT; FALLAWAY THROWAWAY;,, RK TO SLOW SWVL BK TO BK;,,**

1a23a4 1 {Jive Chasse Left & Right} Repeat meas 1 part B;  
 123a4 2-4 {Fallaway Throwaway} Rk bk L, recov R, sd L/ cl R, sd L trning  
 5a678 ¼ LF; sd & fwd R/ cl L, sd & fwd R fc LOD, {Rk to Slow Swvl  
 1--- Bk to Bk} Rk apt bk L, recov R; fwd L slow swvl RF bk to bk  
 bending in both knees lower & rise to put wgt on L ft keep lead  
 hnd joined with trail hnds going straight up by ear;

**5-7 SWVL TO FC THE WALL LOP; ROLL ACROSS 3; STEP TOG TCH EXPLODE APT;**

1--- 5-7 {Swvl to Fc the Wall} Lower in both knees as trn LF ¼ both fc  
 wall LOP transfer wgt to R ft trail hnds come down & out to sd  
 123- end lead hnds joined; {Roll Across 3} Rolling behind the W fwd  
 5-7- L twd RLOD roll LF, cont LF roll bk R, sd L in OP fc wall,-;  
 {Step Tog Tch Explode Apt} Step fwd twd W R, tch L to R tch  
 lead palms, explode apt sd & bk L arms sweep up & out CCW (W  
 CW) fc wall in OP,-;