

# FIBRE DE VERRE

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**Cd:** Attraction, Track 13 Artist: Paris Combo Available from Amazon  
**Rhythm:** Foxtrot RAL Phase V + 1 [Cont Hover X]  
**Footwork:** Opposite unless noted (Woman's Footwork in parentheses) Difficulty Level –Moderate  
**Timing:** Standard RAL Foxtrot unless noted. Time @ 45 RPM: 3:37 Adjust Speed For Comfort  
**Sequence:** Intro-A-Brg-B-Brg-B-Brg-C-Brg-B(mod)-D-End Released: May 1, 2015

## Meas

### INTRODUCTION

#### 1 - - 4 OP FCNG LOD WAIT 2;; CIRCLE SNAP 4 TO CP/DLW;;

1 - 4 OP Fcng LOD lead ft free trail hnds joined head down wait 2 meas;; Raise Head commence RF circle away from ptr fwd L, - fwd R, -; Cont RF circle bk twd ptr fwd L, - fwd R, - to CP/DLW;

### PART A

#### 1 - - 4 DIAMOND TRN;;;

1 [Diamond Trn] Moving DLW Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; -, fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, -, sd R, bk L;) to fc DLW;

#### 5 - - 8 HOVER TELE; NAT WEAVE;; CHG OF DIREC;

5 [Hover Tele] Fwd L, -, diag sd & fwd R rising slightly [hovering] w/body trng 1/8 RF, fwd L small step on toes to SCP (Bk R, -, diag sd & bk L w/hovering action and body trng 1/8 RF, fwd R small step on toes to SCP);  
6 - 7 [Nat Weave] Fwd R comm to trn RF, -, sd L with left sd stretch [under 1/4 RF trn betwn steps 1 & 2], with rt sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2 & 3]; with rt sd stretch bk L in BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW ( Bk L comm to trn RF, - rt foot closes to L heel trn with rt sd stretch trng 1/4 RF betwn steps 1 & 2, with left sd lead fwd L preparing to step outsd ptr; with left sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW);  
8 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;) DLC;

#### 9 - - 12 OP TELE; CONT HOVER X;;, FWD LK;

9 [Op Tele] Fwd L comm LF trn, -, sd R cont trn, sd & fwd L (W bk R comm Lf trn, -, cl L to R for heel trn, sd & fwd R) to SCP/DLW;  
10 - 11 [Cont Hover X] (from SCP) Fwd R DLW comm RF trn [no sway], -, cont RF trn sd L DLW fcng DRW [with lft sd stretch], with a strong RF trn on L small stp R DLW fcng DLC [continue with lft sd stretch]; fwd L across R to CBMP [blending to rt sd stretch], cl R to L [continue rt sd stretch], bk L in CBMP [continue rt sd stretch], bk R to CP [no sway]; sd & fwd L with a lft sd lead [with lft sd stretch], fwd R in BJO [with lft sd stretch], (Fwd L, -, sd & fwd R comm RF trn, sd L to CP; bk R to CBMP, sd lft to CP, fwd R to CBMP, fwd L to CP; sd & bk R, bk Lin Banjo Position),  
12 [Fwd Lk] Fwd L, lk RIB,;

#### 13 - 16 REV WAVE;; OP IMP; STP THRU CP/WALL,

13 - 14 [Rev Wave] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L diagonally ( Bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R diagonally); Bk R, -, bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving LF); to CP/RLOD;  
15 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R);  
16 [Stp Thru] Stp thru R blending to CP/WALL,-,

### BRG

#### 1 - - 4 SLOW TWIST VINE 8

1 - 4 [Slow Twist Vine] Sd L, -, XRIB, -; Sd L, - XRIF, -; Sd L, -, XRIB, -; Sd L, - XRIF, -;

**PART B****1 - - 4 HOVER; START PROM WEAVE; BK LILT 4; WEAVE END;**

- 1 [Hover] Fwd L to CP, -, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, -, bk & sd L trng to SCP & rising to ball of ft, rec R to tight SCP);
- 2 [Start Prom Weave] From SCP/DLC fwd R, -, fwd L comm LF trn, sd & slightly bk on R to BJO DLC;
- 3 [Bk Lilt] Bk L, cl R to L rising onto toes & keeping knees bent (Fwd R, cl L to R rising onto toes & keeping knees bent.), Bk L, cl R to L rising onto toes & keeping knees bent, (Fwd R, cl L to R rising onto toes & keeping knees bent.)
- 4 [Weave End] bk L in BJO DLC, bk R comm LF trn & lead W to CP, sd & slightly fwd L DLW, fwd R outside ptr to BJO DLW (Fwd R in BJO, fwd L DLC comm LF trn, continue LF trn sd & slightly bk R fcng COH, bk L to BJO to end backing DLW);

**5 - - 8 HOVER TELE; IN & OUT RUNS;; THRU, FC, CL;**

- 5 [Hover Tele] Repeat Meas 5, Part A;
- 6 - 7 [In & Out Runs] Fwd R starting RF trn, -, sd & bk DLW on L to CP, bk R with rt sd leading to BJO; bk L trng RF, -, sd & fwd R bet W's feet continuing RF trn, fwd L to SCP (Fwd L, -, fwd R bet M's feet, fwd L outside ptr with lft sd leading to BJO; fwd R starting RF trn, -, fwd & sd L continuing trn, fwd R to SCP);
- 8 [Thru, Fc, Cl] Thru R, -, fwd & sd L trng to fc ptr, cl R to L;

**9 - 12 SD TCH, RT CHASSE; CHG R TO L;; CHG HNDS BEH BK;;**

- 9 [Sd Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L, sd R;
- 10 - 12 [Chg R to L] Rk bk L to SCP, rec R, sd L trng 1/4 LF/cl R, sd L; sd & fwd R/cl L, sd R (Rk bk R to SCP, rec L, sd & fwd R trng 3/4 RF under joined ld hnds/cl L, sd R, sd & bk L/cl R, sd L,) LOP/LOD,  
[Chg Hnds Beh Bk] Rk apt L, rec R; fwd L starting 1/4 LF trn & placing rt hnd over W's rt hnd/cL R, fwd L releasing lft hnd & completing 1/4 LF trn to tand pos in front of W, sd & bk R starting 1/4 LF trn & placing lft hnd beh M's bk/cL L transferring W's Rt hnd to M's Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R, rec L; fwd R starting 1/4 RF trn/cL L, fwd R completing 1/4 RF trn to tand pos beh M, sd & bk L starting 1/4 RF trn/cL R, sd & bk L completing 1/4 RF trn to fc ptr;) LOP/RL0D;

**13 - 16 CHG L TO R COH;; CHG HNDS BEH BK;; QK SD, CL CP/WALL,,**

- 13 - 15 [Chg L to R] Rk bk L, rec R, sd L trng 1/4 RF/cl R to L, sd L; Sd R/cl L to R, sd R (Rk bk R, rec L, fwd R trng 3/4 LF under joined ld hnds/cl L to R, sd R; sd L cont trn to fc ptr/cl R to L, sd L,) to LOP/COH, [Chg Hnds Beh Bk] Rk apt L, rec R; fwd L starting 1/4 LF trn & placing rt hnd over W's rt hnd/cL R, fwd L releasing lft hnd & completing 1/4 LF trn to tand pos in front of W, sd & bk R starting 1/4 LF trn & placing lft hnd beh M's bk/cL L transferring W's Rt hnd to M's Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R, rec L; fwd R starting 1/4 RF trn/cL L, fwd R completing 1/4 RF trn to tand pos beh M, sd & bk L starting 1/4 RF trn/cL R, sd & bk L completing 1/4 RF trn to fc ptr;) LOP/WALL;
- 16 [Qk Sd Cl] Sd L, cl R to L to CP/WALL,

**REPEAT BRG****REPEAT PART B****REPEAT BRG****PART C****1 - - 4 SD TCH, RT CHASSE; FALLAWAY THROWAWAY TO HNDSh;;, CHG L TO R TO TANDEM;;**

- 1 [Sd Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L to R, sd R;
- 2 - 4 [Fallaway Throwaway] Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to R, sd R commence 1/4 LF trn on triples (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up to 1/2 trn on the triples,) to LOP/LOD join lft hnds,  
[Chg Plcs L to R to Tandem] w/rt hnds joined Rk bk L, rec R M fcg ptr & LOD; Sd L/cl R, sd L, sd R/cl L, sd R (Rk bk R, rec L; trn LF under jnd R-R hnds fwd R/cl L, fwd R, bk L/cl R, fwd L;) end in Tandem W beh M;

**5 - - 8 CATAPULT;; CHG L TO R W/GLIDE TO SCP;; RK, REC;**

- 5-5.5 [Catapult] Fwd L, rec R, in place L/R, L; in place R/L, R (Rk bk R, rec L, fwd R commence RF trn/sd L continue RF trn; spin RF on R, in place L/R, L to fc ptr,) to LOP,
- 6 - 8 [Chg L to R w/Glide to Sd] Rk bk L, rec R; sd L trng 1/4 RF/cl R, sd L, sd R, XLIF; Sd R/cl L, sd R (Rk bk R, rec L; fwd R trng 3/4 LF under joined ld hnds/cl L, Sd R, cont trn to fc ptr sd L, XRIF; sd L/cl R, sd L,) to SCP,  
[Rk, Rec] Rk bk L, rec R to fc ptr;

**9 – 14 CHASSE L & R TO ½ OP/LOD; MOOCH;;;**

**9** [Chasse L & R to ½ OP] Sd L/cl R, sd L, sd R/cl L, sd R to ½ OP/LOD;

**10 - 14** [Mooch] Rk bk L, rec R, flick L fwd from knee slightly off floor, cl L; flick R fwd from knee slightly off floor, cl R, rk bk L, rec R; trng RF 1/2 sd L/cl R, sd L, rk bk R, rec L; flick R fwd from knee slightly off floor, cl R, flick L fwd from knee slightly off floor, cl L; rk bk R, rec L, trng LF 1/2 sd R/cl L, sd R;

**15-15.5 RK, REC, SD, CL; SD, CL,**

**15-15.5** [Rk, Rec, Sd, Cl] Rk Bk L, rec R to fc ptr, sd L, cl R; [Sd, Cl] Sd L, cl R to CP/WALL,

**REPEAT BRG**

**PART B (Mod)****1 - - 4 HOVER; START PROM WEAVE; BK LILT 4; WEAVE END;**

**1** [Hover] Repeat Meas 1, Part B;

**2** [Start Prom Weave] Repeat Meas 2, Part B;

**3** [Bk Lilt 4] Repeat Meas 3, Part B;

**4** [Weave End] Repeat Meas 4, Part B;

**5 - - 8 HOVER TELE; IN & OUT RUNS;; SLOW SD LK;**

**5** [Hover Tele] Repeat Meas 5, Part B;

**6 - 7** [In & Out Runs] Repeat Meas 6 & 7, Part B;;

**8** [Slow Sd Lk] Thru R, -, sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, -, sd & bk R continuing LF trn to CP, XLIF of R;) to CP/DLC;

**PART D****1 - - 4 REV TRN ½; CK & WEAVE;; CHG OF DIR;**

**1** [Rev Trn 1/2] Fwd L starting LF body trn, -, sd R continuing trn, bk L LOD to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, fwd R to CP);

**2 - 3** [Ck & Weave] Slip R bk under body w/slight contra ck action, -, fwd L comm LF trn, sd R [1/8 LF trn betwn steps 1 & 2 of the weave] w/rt sd lead & slight rt sd stretch preparing to lead W outside ptr; w/rt sd stretch bk L in BJO cont 1/8 LF trn betwn steps 2 and 3 of the weave, bk R to a momentary CP cont to trn LF, sd and fwd L w/ lft sd stretch [1/4 LF trn betwn steps 4 and 5 of the weave body trns less], w/lft sd stretch fwd R in BJO outside ptr (Slip L fwd under body w/slight contra check action, -, bk R comm LF trn, sd L [1/4 LF trn betwn steps 1 and 2 of the weave] w/lft sd lead and slight lft sd stretch preparing to step outside ptr; w/lft sd stretch fwd R in BJO outside ptr, fwd L to a momentary CP cont to trn LF, sd & bk R w/rt sd stretch [1/8 LF trn betwn steps 4 and 5 of the weave], w/rt sd stretch bk L in BJO [1/8 LF trn betwn steps 5 and 6 of the weave body trns less]);

**4** [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;) fc DLC;

**5 - - 8 OP TELE; NAT HOVER X;; DBL REV SPIN;**

**5** [Op Tele] Repeat Meas 9, Part A;

**6 - 7** [Nat Hover X] Fwd R DLW comm RF trn, -, sd L with lft sd stretch [1/4 RF trn bet stps 1 & 2], cont RF trn sd R [1/2 RF trn bet stps 2 & 3 body trns less fcng DLC]; with rt sd stretch fwd L outside ptr in CBMP on toe, rec R with slight lft sd lead, sd & fwd L, with lft sd stretch fwd R in BJO on toe (fwd L commence RF trn, -, fwd R cont RF trn, cont RF trn sd L [3/8 RF trn bet stps 2 & 3] to CP; with lft sd stretch bk R in CBMP on toe, rec L with slight rt sd lead, sd & bk R, with rt sd stretch bk L in BJO);

**8** [Dbl Rev] Fwd L comm to trn LF, -, sd R [3/8 LF trn betwn steps 1 & 2], spin 1/2 LF betwn steps 2 & 3 on ball of R bringing L under body beside R w/no weight flexed knees DLW (Bk R comm to turn LF, -, L closes to R heel trn trng 1/2 LF betwn steps 1 and 2/sd and slightly bk R cont LF trn, XLIF of R);

**9 – 12 HOVER TELE; OP NAT; OUTSD SPIN; OUTSD CK;**

**9** [Hover Tele] Repeat Meas 5, Part B;

**10** [Op Nat] From SCP Comm RF upper body trn fwd R heel to toe, -, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M to BJO DRC (With slight RF upper body trn fwd L, -, small fwd R, fwd L outside ptr to BJO);

**11** [Outside Spin] In BJO preparing to lead W outside ptr comm RF body trn toeing in with rt sd lead bk L in BJO small step 3/8 trn RF on step 1, -, fwd R in BJO heel to toe cont to trn RF, [3/8 RF trn betwn steps 2 & 3] sd & bk L to end in CP [1/4 RF trn on 3] (Comm RF body trn w/lft sd lead staying well into the M's rt arm fwd R in BJO outside ptr heel toe, -, L closes to R pivot on toes of both ft 5/8 trn betwn steps 1 and 2, cont to trn RF 1/4 betwn steps 2 and 3 fwd R betwn M's feet to end in CP 1/8 RF trn on step 3);

**12** [Outside Ck] Bk R trng LF, -, sd & fwd L, trng slightly RF ck fwd R outside ptr to BJO (Fwd L trng LF, -, sd & bk R, ck bk L outside ptr to BJO;) DRC;

**13 – 16 OP IMP; FEATH; 3 STP; FWD & RUN 2 CP/DLC;**

- 13 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R);
- 14 [Feath] Fwd R, -, fwd L, fwd R outside W in BJO DLC (Thru L trng LF twd ptr, -, sd & bk R, bk L);
- 15 [Three Step] Starting with L, 3 fwd passing stps with heel lead on stps 1 and 2 rising to toe on stp 3 (Starting with R 3 bk passing stps) to CP DLW;
- 16 [Fwd, Run 2] Fwd R, -, fwd L, fwd R to CP/DLC;

**END****1 - - 4 DIAMOND TRN;;;**

- 1 – 4 [Diamond Trn] Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L;) DLC;

**5 - - 7 REV TRN ½; BK & VERY SLOW SD TO HINGE & EXTEND;;**

- 5 [Rev Trn 1/2] Fwd L starting LF body trn, -, sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, fwd R to CP);
- 6 [Bk to Hinge] Bk R comm to turn LF, -, sd and slightly fwd L w 1/4 trn betwn steps 1 & 2 comm lft sd stretch, cont lft sd stretch leading W to cross her L beh R keeping lft sd in to ptr relaxing lft knee and trng rt knee to sway rt and look at W, - (Fwd L comm to turn LF, -, sd R 1/4 trn betwn steps 1 & 2 comm rt sd stretch & cont rt sd stretch swivel LF, XLIB of R keeping lft sd in to ptr relaxing lft knee [head to lft with shldr almost parallel to ptr] w/no weight on R);
- 7 [Extend] Cont stretch extending lft arm (slide rt arm to M's lft Shldr & extend left arm);

## Quick Cues

### Fibre De Verre

(Phase V + 1 – Foxtrot/jive)

(Cont Hover X)

(Weiss)

**Intro** Op Fcng LOD Ld Ft Free Wait 2;; Circle Snap 4 to CP/DLW;;

**A** Diamond Trn;;;;  
Hover Tele; Nat Weave;; Chg of Dir;  
Op Tele; Cont Hover X;;, Fwd Lk;  
Rev Wave;; Op Imp; Stp Thru,;

**Brg** Slow Twist Vine 8;;;;

**B** Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;  
Hover Tele; In & Out Runs;; Thru, Fc, Cl;  
Sd Tch, Rt Chasse; Chg R to L;, Chg Hnds Beh Bk;;  
Chg L to R Fc COH;, Chg Hnds Beh Bk;; Qk Sd, Cl;

**Brg** Slow Twist Vine 8;;;;

**B** Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;  
Hover Tele; In & Out Runs;; Thru, Fc, Cl;  
Sd Tch, Rt Chasse; Chg R to L;, Chg Hnds Beh Bk;;  
Chg L to R Fc COH;, Chg Hnds Beh Bk;; Qk Sd, Cl;

**Brg** Slow Twist Vine 8;;;;

**C** Jive Sd Tch, Rt Chasse; Fallaway Throwaway to Hndshk,;  
Chg L to R to Tandem LOD;; Catapult,;  
Chg L to R w/Glide to Sd;;, Rk, Rec;  
Chasse L & R to ½ Op/LOD; Rk to the Mooch;;;;;; Rk, Rec;  
Sd, Cl 2X;

**Brg** Slow Twist Vine 8;;;;

**B1** Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;  
Hover Tele; In & Out Runs;; Slow Sd Lk;

**D** Rev Trn ½; Ck & Weave;; Chg of Dir;  
Op Tele;; Nat Hover X;; Dbl Rev;  
Hover Tele; Op Nat; Outsd Spin; Outsd Ck;  
Op Imp SCP; Feath; 3 Stp; Fwd & Run 2 DLC;

**End** Diamond Trn;;;;  
Rev Trn ½; Bk & Very Slow Sd to Hinge & Extend;;