

# “Hammer And Nails”

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Music: “Hammer and Nails” by Dean Martin; Album: Houston, Track 3 Download from Amazon.Com

Rhythm: Foxtrot

Phase: V

Speed: As on Album or as Download

Sequence: A - A - B - A - End

## Intro

**1-4** Hold 4 Beats; Step Together & Touch; Feather Finish; Full Reverse Turn;

1-2 4 Beats [Hold]

3 SS [Step Together & Touch] Fwd L to CP, -, tch R to L, -; (Fwd R, -, tch L to R);

4 SQQ [Feather Finish] Bk R turning LF, sd L, fwd R to Bjo DLC; (*Fwd L, sd R, bk L to Bjo*);

5-6 SQQ [Full Reverse Turn] Fwd L start LF turn, -, sd R continue turn, bk L to fc DRC CP; Bk R  
SQQ continue turn LF turn, -, sd & fwd L DLW, fwd R to Bjo; (*Bk R start LF turn, -, close L to R  
[heel turn] continue turn, fwd R to CP; fwd L continue LF turn, -, sd R DLW, bk L to Bjo;*)

## Part A

**1-8** Hover Telemark; Curved Feather; Back Feather; Feather Finish; 3 Step; Half Natural;

Closed Impetus; Feather Finish;

1 SQQ [Hover Telemark] Fwd L, -, diagonal sd & fwd R with hovering action, turning body  $\frac{1}{4}$  RF,  
fwd L to SCP DLW; (*Bk R, -, diagonal sd & bk L with hovering action, turning body  $\frac{1}{4}$  RF, fwd  
R to SCP DLW;*)

2 SQQ [Curved Feather] Fwd R in SCP start RF turn, -, fwd L with L sd stretch continuing RF  
turn, fwd R outside ptr in Bjo DRW; (*Fwd L start RF turn, -, with R sd stretch continue  
RF turn sd & bk R, continue turn with R sd stretch bk L;*)

3 SQQ [Back Feather] Bk L, -, bk R with R shoulder lead, bk L to Bjo; (*Fwd R, -, fwd L with L shoulder  
lead, fwd R to Bjo;*)

4 SQQ [Feather Finish] Bk R turn LF, -, sd & fwd L, fwd R outside partner Bjo DLW;  
(*Fwd L turn LF, -, sd & bk R, bk L;*)

5 SQQ [3 Step] Fwd L, -, fwd R, fwd L facing CP DLW; (*bk R, -, bk L, bk R to CP;*)

6 SQQ [Half Natural] Commence RF upper body turn fwd R, -, sd L across line of dance, bk R end in  
CP RLOD; (*Fwd L, close R to L {heel turn}, fwd L into man;*)

7 SQQ [Closed Impetus] Commence RF turn bk L, -, close R to L {heel turn} continue turn, sd & bk L  
to CP LOD; (*commence RF turn fwd R between man’s feet turn  $\frac{1}{2}$  RF, -, sd & fwd L continue  
turn, fwd R between partners feet to CP;*)

8 SQQ [Feather Finish] Bk R turning LF, -, sd & fwd L, fwd R outside partner facing DLC;  
(*Fwd L turning LF, -, sd & bk R, bk L;*)

**9-16** Open Telemark; Thru, Jete Point; Fallaway Ronde & Slip; Curving 3 Step; Outside Check;  
Impetus to Semi; Slow Side Lock; Double Reverse (DLW);

9 SQQ [Open Telemark] Fwd L commencing turn LF, -, side R continue turn, side & slightly fwd L  
to end in tight SCP DLW; (*Bk R commencing to turn LF bring L beside R with no weight, -, turn LF on  
R heel {heel turn} changing weight to L, side & slightly fwd R ending in tight SCP;*)

10 S&S [Thru, Jete Point] Thru R, -, slight side L to CP/pt R to RLOD, -, (*Thru L, -, slight side R to CP/pt L  
to RLOD, -;*)

11 SQQ [Fallaway Ronde & Slip] Recover R, -, flare L CCW XLIB of R taking weight, bk R to CP  
DLC; (*recover L, -, flare R CW XRIB rising on toe turn LF, fwd L to CP;*)

- 12 SQQ **[Curving 3 Step]** Fwd L start LF turn, -, fwd R with R sd stretch continue turn LF, fwd L to CP RLOD; *(Bk R start LF turn, -, bk L on toe with L sd stretch continue LF turn, bk R to CP;)*
- 13 SQQ **[Outside Check]** Bk R turning LF, -, sd and fwd L, ck fwd R outside partner to Bjo; *(fwd L turning LF, -, sd and bk R, ck bk L outside partner in Bjo;)*
- 14 SQQ **[Impetus to Semi]** Bk L turning RF, close R {heel turn} continue RF turn, fwd L to SCP DLC; *(Commence RF upper body turn fwd R between man's feet pivoting ½ RF, sd & fwd L continue RF turn around man brush R to L, fwd R;)*
- 15 SQQ **[Slow Side Lock]** Thru R, -, sd & fwd L to CP, XRIB of L turn slightly LF CP DLC; *(Thru L starting LF turn, -, sd & bk R continuing LF turn to Bjo, XLIF of R;)*
- 16 SQ- **[Double Reverse (DLW)]** Fwd L commence LF turn, -, sd R turning LF, spin LF on ball of R *(SQ&Q)* bringing L under body beside R to fc DLW; *(Bk R commence to turn LF, -, close L to R [heel turn] turn 1/2 /sd & slightly bk R continue LF turn, XLIF of R to CP;)*
- Note:** 2<sup>nd</sup> time thru “A” Double Reverse will end DLC.

## Part A

- 1-8 Hover Telemark; Curved Feather; Back Feather; Feather Finish; 3 Step; Half Natural; Closed Impetus; Feather Finish;
- 9-16 Open Telemark; Thru, Jete Point; Fallaway Ronde & Slip; Curving 3 Step; Outside Check; Impetus to Semi; Slow Side Lock; Double Reverse (DLC);

## Part B

- 1-8 Reverse Turn Half; Hover Corte; Back & Chasse to Bfly Scar; Fwd Check-Lady Developpe; Back & Chasse Twirl to Bjo; Fwd Check-Lady Developpe; Outside Swivel; Feather (DLW);
- 1 SQQ **[Reverse Turn Half]** Fwd L turning LF, -, continue LF turn sd R, bk L to CP DRC; *(Bk R turn LF, -, close L to R {heel turn} continue LF turn, fwd R to CP;)*
- 2 SQQ **[Hover Corte]** Bk R starting LF turn 1/4, -, sd & fwd L with hovering action turn ¼ LF, rec bk R to Bjo fc LOD; *(Fwd L turn LF 1/4, -,sd & fwd R with hovering action turn 1/4, rec L to Bjo;)*
- 3 SQ&Q **[Back & Chasse Bfly Scar]** Bk L turning RF to fc ptr, -, sd R/close L, sd R ending Bfly Scar DRW; *(Fwd R turning RF to fc ptr, -, sd L/close R, sd L to Bfly Scar),*
- 4 S-- **[Fwd Check-Lady Developpe]** Fwd L checking motion,-, hold, -; *(Bk R, -, bring L foot up to knee (SS) and extend L foot fwd, -;)*
- 5 SQ&Q **[Back & Chasse Twirl to Bjo]** Bk R turning LF to fc ptr, -, sd L/close R, sd L leading ptr to LF twirl under lead hands ending in Bjo DLW; *(Fwd L turning LF to fc ptr, -, start LF twirl sd R/close L, finish LF twirl sd R end in Bjo;)*
- 6 S-- **[Fwd Check-Lady Developpe]** Fwd R checking motion, -, hold,-; *(Bk L, -, bring R foot up and (SS) extend foot fwd,-;)*
- 7 S- **[Outside Swivel]** Bk L checking motion, -, XRIF of L swiveling lady RF to end in SCP DLW; *(Fwd (SS) R swiveling RF on ball of foot ending in SCP DLW,-;)*
- 8 SQQ **[Feather]** Fwd R, -, fwd L, fwd R to bjo DLW; *(Thru L turning LF, -, sd & bk R, bk L to Bjo;)*

## Part A

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“Hammer And Nails”

Page 3 of 3

## Ending

1-5 Whisk; Feather; Diamond Turn Half;; Quick Diamond Turn in 4; Back to a Hinge;

1 SQQ **[Whisk]** Fwd L blending to CP, -, fwd & sd R rising on ball of foot, XLIB of R to tight SCP DLC;  
*(Bk R blending to CP, -, bk & sd L rising on ball of foot, XRIB of L to SCP DLC;)*

2 SQQ **[Feather]** Fwd R, -, fwd L, fwd R to Bjo DLC; (Thru L turn LF, -, sd & bk R, bk L to Bjo;)

3 SQQ **[Diamond Turn Half]** Fwd L turn LF, -, continue turn sd R to CP fc COH, bk L continue LF turn  
SQQ to fc DRC in Bjo; Bk R continue LF turn, -, continue LF turn sd L to CP fc RLOD, fwd R continue LF  
turn to fc DRW in Bjo; *(Bk R turn LF, -, continue LF turn sd L to CP Wall, fwd R continue LF turn  
to fc DLW in Bjo; Fwd L continue LF turn, -, continue LF turn sd R to CP LOD, bk L continue LF turn  
to fc DLC in Bjo;)*

4 QQQQ **[Quick Diamond Turn in 4]** Fwd L starting LF turn, -, continue LF turn sd R, bk L, bk R to CP  
LOD; *(Bk R start LF turn, continue LF turn sd L, fwd R, fwd L to CP;)*

5 S- **[Back to a Hinge]** Bk L with LF turn to fc ctr, -, lower of L extending R to LOD with R sd  
*(SQQ) stretch leading Lady to XLIB of R; (Fwd R turning LF, -, with R sd stretch swivel LF on R, XLIB of  
R keeping L sd to ptr relaxing L knee {head to L with shoulders as close to parallel with ptr as  
possible} no weight on R;)*

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1-9 Reverse Turn Half; Hover Corte; Back & Chasse to Bfly Scar; Fwd Check-Lady Develop;  
Back & Chasse Twirl to Bjo; Fwd Check-Lady Develop; Outside Swivel; Feather (DLW);

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