

IN THESE SHOES ?

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MUSIC: Download Amazon or iTunes "In These Shoes" Kirsty MacColl Tropical Brainstorm
Cut music at 2.50, *slow music 6%-9% or for comfort.*

PHASE: 4+1+1 (Double Cuban Break), (Hip Bump)

RHYTHM: Cha Cha **SPEED:** slowed for comfort **DIFFICULTY:** Average

TIMING: 1,2,3&4 except as noted **RELEASE DATE:** APRIL 2012

FOOTWORK: Described for Man - Woman opposite (*or as noted in parentheses*)

SEQUENCE: Intro, A, B, Interlude, A Mod, END ... or if music is NOT cut.. A Mod 2, End 2



INTRO

1-4 In BFLY Lead ft free Wait 2 meas ;; Fenceline Twice ;;

1-2 Wait 2 Meas. in Bfly Lead Ft free;;

3-4 **[FENCELINE 2X]** XLIF of R looking toward DRW (*W look DRC*), recover R, side L/ close R, side L; XRIF of L looking toward DLW (*W look DRC*), recover L, side R/ close L, side R;

PART A

1-4 Half Basic ; to a Fan facing LOD ; New Yorker Twice ;;

1 **[HALF BASIC]** Forward L, recover R, side L/ close R, side L;

2 **[FACING FAN]** Back R, recover L commencing to turn L face $\frac{1}{4}$ to face LOD leading W to commence RF turn to back toward LOD, side R/ close L, side R; (*W forward L, commence RF turn $\frac{1}{4}$ still facing partner step back R, small step back L/ lock RIFL, small step back L into Fan position;*)

3-4 **[NEW YORKER 2x]** Turning right $\frac{1}{4}$ to face WALL check forward L, recover R turning left $\frac{1}{4}$ to face partner, side L/ close R, side L to face LOD; (*W turning left $\frac{1}{4}$ to face WALL check forward R, recover L turning right $\frac{1}{4}$ to face partner, side R/ close L, side R to face partner;*) Turning left $\frac{1}{4}$ to face COH check forward R, recover L turning right $\frac{1}{4}$ to face partner, side R/ close L, side R to face LOD; (*W turning right $\frac{1}{4}$ to face COH check forward L, recover R turning left $\frac{1}{4}$ to face partner, side L/ close R, side L to face partner;*)

5-8 NewYorker to Skaters join L hands fc LOD ; Wlk 2 Cha ; 1 Sliding Door (*) ; Rock Apt, Recover & face Cha ;

5 **[New Yorker W TRN TO SKATERS]** Turning right $\frac{1}{4}$ to face WALL check forward L, recover R turning left $\frac{1}{4}$ to face LOD leading W to turn RF to skaters position LOD, small side L/ recover R, close L Man's left hand in W's left, Man's right hand on W right shoulder blade; (*W turning left $\frac{1}{4}$ to face WALL check fwd R, recover L commence turning right $\frac{3}{4}$ over next 3 steps to face LOD in skaters slightly in front of partner, small side R cont turn/ close L, in place R to face LOD;*)

6 **[WLK 2 & CHA]** Forward R, forward L, forward R/ lock LIBR, forward R; (*W forward L, forward R, forward L/ lock RIBL, forward L;*) then release hands

7 **[SLIDING DOOR]** (*) Rock side L, recover R, XLIF of right / side R, XLIF of right; (*W side R, recover L, XRIF of left / side L, XRIF of left still facing LOD;*)

8 **[APT, RECVR & FC CHA]** Side R, recover L turning left to face partner & COH, side R/ close L, side R BFLY;

9-12 Half Basic; to a Fan ; Hockeystick fc DLC ;;

9 **[HALF BASIC]** Fwd L, recover R, side L/ close R, side L;

10 **[FAN M FC COH]** Back R leading W to step fwd, recover L, small side step R/ close L, small side step R ending facing COH and W in fan position; (*W fwd L in between M's feet turning left to face LOD, back R to RLOD, small step back L/ lock RIFL, small step back L ending in fan position;*)

11-12 **[HOCKEY STICK]** Forward L, recover R, close L/ in place R, in place L raising lead arm's and looking at each other; back R leading W to direct to DLC, recover L to face DLC and partner leading the W to turn LF under lead arm's, forward R/ lock LIBR, forward R to end in LOP FCNG position M facing DLC lead hand's about waist height; (*W close R to L, forward L, forward R/ lock LIBR, forward R looking at the M and shaping slightly to him; forward L toward DLC, forward R and at the end of the beat on the "and" count turn sharply LF $\frac{1}{2}$ to face partner, back L toward DLC/ lock RIFL, back L;*)

13-16 Cross Body BFLY WALL ;; Double Cuban ; Spot Trn ;

- 13-14 **[CROSSBODY FC WALL]** Forward L, recover R, side L turning LF with foot turned ¼ body trn 1/8 / close R, side L ; Back R, cont LF turn small forward L, side R/ close L, side R; (*W Back R, recover L, forward R / lock LIBR, forward R stay on right side ending in L-SHAPE Pos ; forward L commence turn left, forward R turning ½ LF, side L / close R, side L*) face WALL BFLY;
- 15 **[DBL CUBAN TO RLOD] 1&2&3&4** Body weight stays mainly over right foot throughout this measure until the last step cross LIFR/ recover R , side L/ recover R , cross LIFR/ recover R , side L; (*W same as M with opposite foot ;*)
- 16 **[SPOT TRN]** Cross RIF of L and turn to face LOD then turn sharply LF ½ turn to face RLOD, forward L to RLOD turn sharply LF ¼ turn to face partner , sd R/ close L , side R to end facing partner lead hands joined ; (*W same as M with opposite foot ;*)

PART B

1-4 Mod Chase with Underarm Trn fc COH ;; New Yorker ; Aida RLOD ;

- 1-2 **[MODIFIED CHASE w/ INSIDE UNDERARM TURN]** Join lead hands Forward L turning ½ RF, recover R, forward L/ lock RIB of L, forward L (*W Back R, recover L behind & to M's left side, forward R/ lock LIB of R, forward R*) ; Checking forward action step back R raising Lead arm to lead lady under LF, recover L to BFLY COH, side R/ close L, side R (*W Fwd L, fwd R turning ½ LF to face ptrn in BFLY, side L/ close R, side L*) ;
- 3 **[NY TO FC]** Turning right ¼ to face LOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R , side L to face COH ; (*W turning left ¼ to face LOD check fwd R , recover L turning right ¼ to face partner , side R/ close L , side R to face partner ;*)
- 4 **[AIDA]** Thru R toward RLOD, forward & side L turning left to face partner , continue turn to face LOD back R/ lock LIF of R, back R ending in a “V” back to back position facing LOD; (*W thru L twd RLOD , fwd & side R turning right to face partner , continue turn to face LOD back L/ lock RIF of L , back L ending in a “V” back to back position ;*)

5-8 Switch Cross; Crab Walk ending ; Start Chase to Tandem COH ;;

- 5 **[SWITCH CROSS]** Turning left (*W right*) to face partner side L to BFLY, recover R , traveling to RLOD cross LIF of R/ side R, cross LIF of R ending BFLY COH ;
- 6 **[CRAB WALK ENDING]** Side R, cross LIF of R, side R/ close L, side R; dropping hands
- 7-8 **[START CHASE TANDEM]** Forward L turning RF ½, recover forward R, forward L/lock RIB of L, forward L (*W back R no turn, recover L, forward R/ lock LIB of R, forward R*); Forward R turn LF ½, recover forward L, forward R/ lock LIB of R, forward R to face COH in Tandem (*W forward L turning RF ½, recover forward R, forward L/lock RIB of L, forward L*);

9-12 Cucarachas Twice ;; Finish Chase fc COH BFLY ;;

- 9-10 **[CUCARACHAS]** Stepping RLOD Side L , recover R, close L/ in place R, in place L ; Stepping LOD Side R , recover L, close R/ in place L, in place R ;
- 11-12 **[FINISH CHASE]** Forward L turning RF ½, recover forward R, forward L/lock RIB of L, forward L (*W Forward R turning ½ RF, recover forward L, forward R/ lock LIB of R, forward R*); Forward R turn LF ½, recover forward L, forward R/ lock LIB of R, forward R to face in BFLY COH (*W forward L no turn, recover R, back L/lock RIF of L, back L*);

13-16 Fenceline Twice ;; Mod Chase with Underarm Trn fc WALL ;;

- 13-14 **[FENCELINE 2X]** Repeat Meas 3-4 of Introduction ;;
- 15-16 **[MODIFIED CHASE w/ INSIDE UNDERARM TRN]** Retaining lead hands Forward L turning ½ RF, recover R, forward L/ lock RIB of L, forward L (*W Back R, recover L behind & to M's left side, forward R/ lock LIB of R, forward R*) ; Checking forward action step back R raising Lead arm to lead lady under LF, recover L to BFLY WALL, side R/ close L, side R to face WALL (*W Forward L, forward R turning ½ LF to face ptrn in BFLY, side L/ close R, side L*) ;

17-20 New Yorker ; to a Fan ; Hockey stick ;;

- 17 **[NEW YORKER]** Turning right ¼ (*W turning left*) to face RLOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R , side L to face partner;
- 18 **[FAN M FC WALL]** Back R leading W to step fwd , recover L , small side step R/ close L , small side step R ending facing WALL and W in fan position ; (*W fwd L in between M's feet turning left to face RLOD , back R , small step back L/ lock RIFL , small step back L ending in fan position ;*)

19-20 **[HOCKEY STICK]** Forward L , recover R , close L/ in place R , in place L raising lead arm's and looking at each other ; back R leading W to direct to DRW , recover L to face DRW and partner leading the W to turn LF under lead arm, forward R/ lock LIBR , forward R to end in LOP FCNG position M facing DRW lead hand's about waist height ; (*W close R , forward L , forward R/ lock LIBR , forward R looking at the M and shaping slightly to him ; forward L toward DRW , forward R and at the end of the beat on the "and" count turn sharply LF ½ to face partner , back L toward DRW/ lock RIFL , back L ;*)

INTERLUDE

1-4 Alemana to Hndshk ;; Flirt ; to a Fan ;

1-2 **[ALEMANA]** Forward L , recover R , close L raising lead arm up to prepare for the alemana turn/ in place R , in place L ; back R on diag toward DLC leading the lady to step forward under joined lead hands , recover L , close R/ in place L , in place R changing hands to a rt Handshake ; (*W back R , recover L , small step forward R/ lock LIBR , small step forward R slightly to M's left side ; forward L then on the "and" count turn sharply RF ½ turn , forward R then on the "and" count turn sharply right to face partner , toward M's right side forward L/ lock RIBL , forward L ;*)

3 **[FLIRT]** Forward L , recover R , back L/ cross RIF of L , back L leading W to Varsouvienne position ; (*W Back R , recover L turning left face, cont turning to Varsouvienne position back R/ cross LIF of R , small back R;*)

4 **[to/a FAN]** Back R , leading W to move in front recover L , release Varsouvienne hold to Lead hands and lead W to Fan position small side R/ close L , small side R; (*W Rock back L , recover R moving in front of M , side & back L turning ¼ RF to face M/ cross RIF of L , back L;*)

6-8 Hockey Stick ;; New Yorker Handshake ; Back Basic Lady in 4 (trn LF) to Varsou ;

5-6 **[HOCKEY STICK]** Forward L , recover R , close L/ in place R , in place L raising lead arm's and looking at each other ; back R leading W to DRW , recover L to face DRW and partner leading the W to turn LF under lead arm , forward R/ lock LIBR , fwd R to end in LOP FCNG position M facing DRW lead hand's about waist height ; (*W close R , forward L , forward R/ lock LIBR , forward R looking at the M and shaping slightly to him ; forward L toward DRW , forward R and at the end of the beat on the "and" count turn sharply LF ½ to face partner , back L toward DRW/ lock RIFL , back L ;*)

7 **[NEW YORKER to Hndshk]** Turning right ¼ (*W turning left*) to face RLOD check forward L , recover R turning left ¼ to face partner BFLY, side L/ close R , side L to face partner to a R handshake;

8 **[BACK BASIC, W TRANS 4 to Varsou] 123&4 (1,2,3,4)** Back R bring W forward & start to turn her to Varsouvienne to face WALL , recover L , small forward R / close L , in place R ; (*W forward L starting to turn, small forward R turn LF ½ to face WALL in Varsouvienne, in place L , close R; ending in Varsouvienne position slightly in front on Man's right side) both with left feet free*

9-12 Forward & Back Basic (Both L ft) ;; Parallel Chase (to fc LOD) ;;

9-10 **[FWD & BK BASIC]** (Same ft work for both) In Varsouvienne facing WALL Forward L , recover R , back L / lock RIF of L , back L ; Back R , recover L , small forward R/lock LIB of R , forward R W will be slightly in front of M ;

11-12 **[PARALLEL CHASE]** Side L turning RF to Left Varsouvienne, recover forward R, forward L/ lock RIB of L , forward L; Side R turning LF, continue LF turn forward L to right Varsouvienne, forward R / lock LIB of R, forward R to face LOD ;

13-16 Forward & Back Basic ;; Forward Fan M in 4 to face LOD ; Press- Hip bump 3 ;

13-14 **[FWD & BK BASIC]** In Varsouvienne facing LOD Repeat Meas 9-10 of Interlude ;;

15 **[FWD M in 4 TO FCNG FAN] 1,2,3,4 (123&4)** Forward L lead W forward facing LOD ; (*W fwd L turning left to face RLOD , back R to LOD , small step back L/ lock RIFL , small step back L ending in fan position fcng ptrn ;*)

16 **[PRESS (tch), HIP BUMP 3] 1,2,3,4** On beat 1-In place, bring L foot slightly fwd of R with left knee bent and heel up off ground and very little weight on ball of left foot similar to a touch, keep majority of body weight over trailing foot but poise left side forward, M's hands on hips, over counts 2,3,4 hip bump into Right hip 3 even counts by slightly dropping the raised left heel slightly lower then raise allowing the weight to settle into the right hip - ; (*W on beat 1-in place, bring R foot slightly forward of L with right knee bent and heel up off ground and very little weight on ball of right foot similar to a touch, keep majority of body weight over trailing foot but poise right side forward, W hands on hips, over counts 2,3,4 hip bump into Left hip by lower & raising the right heel allowing weight to settle into the left hip - ;*)

if music is not cut....continue with - A Mod 2 then End 2

A Mod 2

1-4 Alemana;; NY (2x);;

5-8 NY W Mod Rfc Wrap fc LOD; Wlk 2 Cha; 1 Sliding Door (*); Rk Apt & fwd cha;

1-8 Repeat meas 1-8 of Part A (Mod);;;

9-12 NY; Aida; Switch Cross; Cucaracha;

9-11 Repeat meas 3-5 of Part B ;;

12 **[CUCARACHA]** Stepping LOD Side R turning to face ptrn, recover L, close R/ in place L, in place R ;

13-16 Crossbody fc WALL;; Fwd Basic; to a Fan face LOD;

13-14 Repeat meas 13-14 of Part A ;;

15-16 Repeat meas 1-2 of Part A ;;

End 2

1-4 Alemana;; NY 2x;;

1-4 Repeat meas 1-4 of Part A (Mod) ;;;

5-8 NY with W Mod Rfc Wrap Skaters fc LOD; Fwd & Back Basic;; Press, Hip bump 2;

5 Repeat meas 5 of Part A (Mod) ;

6-7 **[FWD & BACK BASIC]** Normal lead foot free for both in Skaters position Forward L, recover R, back L/ lock RIF of L, back L ; Back R, recover fwd L, fwd R/ lock LIB of R, fwd R ;

8 **[PRESS, HIP BUMP 2]** On beat 1-In place, bring L foot slightly fwd of R with left knee bent and heel up off ground and very little weight on ball of left foot similar to a touch, keep majority of body weight over R (weighted) trailing foot but poise left side forward, M's hands on hips, over counts 2,3,hip bump into Right hip 2 even counts by slightly dropping the raised left heel slightly lower then raise allowing the weight to settle into the right hip may even bump woman's hip - ; *(W on beat 1-in place, bring R foot slightly fwd of L with right knee bent and heel up off ground and very little weight on ball of right foot similar to a touch, keep majority of body weight over L (weighted) trailing foot but poise right side forward, W hands on hips, over counts 2,3,hip bump into Left hip by lower & raising the right heel allowing weight to settle into the left hip - ;)*

9 Look at ptrn ;

9 **[LOOK AT PTRN]** After bumping hips with partner, pause all action and turn your head to look at partner with attitude;