

## NOBODY FOXTROT

**CHOREOGRAPHY:** Jim and Adele Chico

16325 Oak Canyon Drive, Morgan Hill, CA. 95037

**RECORD:** MCA-60044; TITLE, My Heart Is An Open Book, by Carl Dobkins, Jr.

Also iTunes Download

**FOOTWORK:** Opposite. Directions for Man unless otherwise indicated.

ROUNDALAB PHASE: III + 2 (Diamond Turn, Feather Finish)

**RHYTHM:** Foxtrot

**SEQ:** INTRO A A B A B A\* END

INTRO (CP WALL):

**(1 - 4) 2 MEAS WT;; QK VINE 4, WK & PU;**

In CP fcg Wall Wt 2 meas;; Sd L, xRib, Sd L, xRif blnd to SCP; Fwd L,-, Fwd R (W trn LF to fc ptr in CP),-;

**A (CP LOD):**

**(1 - 4) FWD,-, RUN 2; FWD,-, RUN 2; 2 LEFT TURNS;; (CP WALL)**

Fwd L,-, Fwd R, Fwd L; Fwd R,-, Fwd L, Fwd R; Fwd L trn 1/4 LF,-, Sd R cont trn to fc RLOD, Cls L; Bk R cont

trn to fc Wall,-, Sd L, Cls R;

**(5 - 8) FOXTROT BOX;; QK VINE 4, WK & PU;**

Fwd L,-, Sd R, Cls L; Bk R,-, Sd L, Cls R; Repeat INTRO, Meas. 3-4;;

\*(Last time thru Chg Meas. 8 to: Fwd L,-, FwdR trn to fc Wall in CP,-;)

**B (CP LOD):**

**(1 - 4) DIAMOND TURN;;; (CP LOD)**

Fwd L trn LF to diag COH & LOD,-, Sd R cont trn, Bk L to BJO fcg diag COH & RLOD; Bk R cont trn,-, Sd L, Fwd

R to fc diag Wall & RLOD; Fwd L cont trn,-, Sd R, Bk L to fc diag Wall & LOD; Bk R cont trn,-, Sd L, Fwd R blnd

to CP LOD;

**(5 - 8) FWD,-, RUN 2; MNVR,-, SD, CLS; SPIN TRN; FEATH FIN CKG;**

Repeat Part A, Meas. 1; Fwd R trn 1/2 RF to fc RLOD,-, Sd L, Cls R; Bk L comm RF trn,-, Fwd R rising on ball of

R cont trn (W bk L brush R bk to L), Rec bk on L fcg diag Wall & LOD; Bk R trn LF,-, Sd & Fwd L, xRif to CBJO

fcg COH & LOD ckg fwd motion;

**(9 -12) FISHTAIL; WK & FC WALL; QK VINE 4; WK & PU;**

xLib (WxRif), Sd R, Fwd L, Lk Rib (W lk Lif); Fwd L,-, Fwd R trn RF to CP Wall,-; Repeat INTRO, Meas. 3-4;;

**END (CP WALL):**

**(1 - 4) QK VINE 4; WK & PU; 2 LEFT TURNS;; (CP WALL)**

Repeat INTRO, Meas. 3-4;; Repeat Part A, Meas. 3-4;;

**(5 - 6) QK VINE 4; APT,-, PT,-;**

Repeat INTRO, Meas. 3; Stp Apt on L,-, Pt R at ptr,-;