

RUMBA DEL CORAZON

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 MUSIC: "Slow Rumba", Helmut Licht, *The Slow CD*, available as a download from Amazon
 RHYTHM: Rumba
 PHASE: IV+2 (natural top and cuddles) Average difficulty
 FOOTWORK: Opposite (W's footwork in parentheses)
 SPEED: (slow 2%, or as desired)
 SEQUENCE: INTRO A B C A END

INTRODUCTION

- 1-6 BFLY WALL WAIT;; SIDE WALKS W/ ARMS;; CUCARACHA CROSS; CRAB WALK 3 RLOD;
 1-2 {wait} BFLY WALL wait;;
 3-4 {sd walks w/ arms} Maintaining contact with both palms sd L curving arms up, cl R cont curve, sd L lowering arms bet ptrs, -; Gradually extending arms bk to BFLY cl R, sd L, cl R, -;
 5 {cuca x} Press sd L, rec R, XLIF, -;
 6 {crab walk} Sd R, XLIF, sd R, -;

PART A

- 1-4 REV UNDERARM TURN; UNDERARM TURN TO M'S R SIDE TO TAMARA; WHEEL;
WHEEL & WRAP TO FC WALL;
 1 {rev undarm trn} XLIF, rec R, sd L (XRIF und ld hnds trng LF, rec L cont trn to fc ptr, sd R), -;
 2 {undarm trn to M's R sd} Bk R, rec L, sd R raising L hnd & joining R hnd w/ W's L hnd beh her bk (XLIF und ld hnds trng ½ RF, rec R cont trn to fc ptr, sd L placing L hnd beh bk), -;
 3 {wheel 3} Wheel RF L, R, L to fc COH, -;
 4 {wheel & wrap} Cont wheel R leading W to trn LF und ld hnds to unwrap, fwd L leading W to cont LF trn und trl hnd, fwd R to wrap fcg WALL (Step IP on R trng LF und ld hnds, sd & fwd L twd WALL trng LF und jnd hnds, sd R to M's R sd to end wrapped both fcg WALL), -;
5-8 WHEEL TO FC COH; WHEEL & UNWRAP TO BFLY WALL; SHOULDER TO SHOULDER 2X;;
 5 {wheel to fc COH} Wheel fwd L, R, L (Bk R, L, R) to end wrapped COH, -;
 6 {wheel & unwrap to BFLY WALL} Cont wheeling fwd R leading W to trn RF und ld hnds, fwd L leading W to cont trn, sd R to BFLY (Bk L, sd & fwd R trng RF, sd & fwd L), -;
 7-8 {sh to sh 2x} Fwd L to BFLY SCAR, rec R to fc, sd L (Bk R, rec L, sd R), -; Fwd R to BFLY BJO, rec L to fc, sd R (W bk L, rec R, sd L), -;
9-12 ALEMANA TO CP;; CUDDLES;;
 9-10 {alemana} Fwd L, rec R, cl L (Bk R, rec L, sd & fwd R), -; Bk R, rec L, sm sd R (XLIF trng RF, fwd R cont trn, sd L to CP WALL), -;
 11-12 {cuddles} Push sd L, rec R, cl L (Trng RF on L rk bk R in M's R arm to fc LOD, rec L to fc ptr, sd R to momentary cuddle pos), -; Push sd R, rec L, cl R (Trng LF on R rk bk L in M's L arm to fc RLOD, rec R to fc ptr, sd L to momentary cuddle pos), -;
13-16 BREAK BACK TO ½ OP; OPEN IN & OUT RUNS;; FENCELINE;
 13 {brk bk rec fwd to ½ OP} Bk L to ½ OP fgc LOD, rec R, fwd L (Rk bk R in M's R arm to fc LOD, rec L, fwd R), -;
 14-15 {op in & out runs} Fwd R toeing to ptr, fwd & acrs W L, cont trng to fc LOD fwd R in L ½ OP (Fwd LOD L, R, L), -; Fwd LOD L, fwd R between W's ft, fwd L to ½ OP (Fwd R toeing to ptr, fwd & acrs M L, cont trng to fc LOD fwd R), -;
 16 {fenceline} Lunge thru R w/ bent knee in 1/2 OP, rec L joining ld hnds, sd R to momentary BFLY, -; [2nd time to CP]

PART B

- 1-4 NEW YORKER; THRU TO SERPIENTE LOD;; FENCELINE;
 1 {NY} Thru L RLOD (Thru R), rec R to fc, sd L to BFLY, -;
 2-3 {serpiente} Maintaining BFLY thru R, sd L, XRIB, fan L; XLIB, sd R, thru L, fan R;
 4 {fenceline} Lunge thru R w/ bent knee, rec L, sd R, -;

PART B (CONTINUED)

- 5-8** THRU TO SERPIENTE RLOD;; FENCELINE; SPOT TURN TO HANDSHAKE;
 5-6 *{thru serpiente}* in BFLY thru L, sd R, XLIB, fan R; XRIB, sd L, thru R, fan L;
 7 *{fenceline}* Lunge thru L w/ bent knee, rec R, sd L, -;
 8 *{spot trn to hndshk}* Thru R LOD trng ½ LF to RLOD, fwd L cont trn to fc ptr, sd R to hndshake, -;
- 9-12** SHADOW NEW YORKER; WHIP; FLIRT TO FAN;;
 9 *{shad NY}* R/R hnds lunge thru L, rec R, sd L, -;
 10 *{whip}* Keeping R/R hnds bk R leading lady to XIF, rec L, sd & fwd R to fc COH (Fwd L crossing IF of man, R trng LF on ball of ft, sd & bk L to fc ptr & WALL), -;
 11 *{flirt}* R hnds joined fwd L, rec R, cl L leading W to trn ½ LF (Bk R, rec L comm LF trn, cont trn fwd & sd R to Varsouv), -;
 12 *{fan}* Rk bk R, rec L, sd R (Bk L, rec R, sd & bk L to fan pos fcg LOD), -;
- 13-16** ALEMANA FROM FAN TO CP;; CROSS BODY TO WALL;;
 13-14 *{alemana from fan}* Fwd L, rec R, cl L leading W to trn RF (Cl R, fwd L, fwd R comm RF swvl to fc ptr), -; Bk R, rec L, sd R (Cont RF trn fwd L, fwd R, sd L to CP), -;
 15-16 *{cross body}* Fwd L, rec R trng ¼ LF to fc RLOD, sd L blending to “L” pos (Bk R, rec L, fwd R), -; Rk bk R, rec L trng ¼ LF to fc WALL, sd R to CP WALL (Fwd L, fwd R trng ½ LF to fc COH, sd L), -;

PART C

- 1-4** HALF BASIC TO FULL NATURAL TOP;;;:
 1 *{1/2 basic}* Fwd L, rec R, sd L trng RF to fc RLOD, -;
 2-4 *{full nat top}* XRIB cont RF trn, sd L cont trn, XRIB cont trn, -; Sd L cont trn, XRIB cont trn, sd L, -; XRIB cont trn, sd L cont trn, cl R, -; (Sd L cont RF trn, XRIF cont trn, sd L cont trn, -; XRIF cont trn, sd L cont trng, XRIF cont trn, -; Sd L cont trn, XRIF cont trn, sd L), -;
- 5-8** HALF BASIC TO FAN;; HOCKEY STICK;;
 5-6 *{1/2 basic to fan}* Fwd L, rec R, sd L, -; Bk R, rec L, sm sd R (Fwd L close to M, sd & bk R trng LF ¼, bk L), -;
 7-8 *{hockey stick}* Fwd L, rec R, cl L (W cl R, fwd L, fwd R), -; Bk R trng 1/8 RF, rec L raising R arm to lead W to trn LF, fwd R DRW (Fwd L, fwd R trng LF und ld hnds, sd & bk L), -;
- 9-12** SHOULDER TO SHOULDER; AIDA; SWITCH ROCK; START CRAB WALKS;
 9 *{sh to sh}* Fwd L to BFLY SCAR, rec R to fc, sd L to BFLY WALL, -;
 10 *{aida}* Thru R, sd L to fc ptr, trng RF bk R to aida line looking RLOD, -;
 11 *{switch rk}* Trng LF sd L to fc ptr, rec R, sd L (Trng RF sd R, rec L, sd R), -;
 12 *{crab walk 3}* XRIF, sd L, XRIF (XLIF, sd R, XLIF), -;
- 13-16** FINISH CRAB WALKS; SPOT TURN; CRAB WALKS RLOD;;
 13 *{fin crab walks}* Sd L, XRIF, sd L (Sd R, XLIF, sd R), -;
 14 *{spot trn}* Thru R LOD trng ½ LF to RLOD, fwd L cont trn to fc ptr, sd R to BFLY, -;
 15-16 *{crab walks RLOD}* XLIF, sd R, XLIF (XRIF, sd L, XRIF), -; Sd R, XLIF, sd R (Sd L, XRIF, sd L), -;

REPEAT A TO CPEND

- 1-4** HALF BASIC TO FULL NATURAL TOP;;;:
 1-4 Repeat meas 1-4 Part C to CP;;;;
- 5-6** HALF BASIC; FAN TO A LUNGE W/ ARM SWEEP;
 5 *{1/2 basic}* Fwd L, rec R, sd L, -;
 6 *{fan to a lunge}* Bk R, rec L, sm sd R body fcg DLW looking at ptr sweeping arm up clockwise (Fwd L close to M, sd & bk R trng LF ¼, sd & bk L to a soft lunge line body fcg DRW but looking at ptr & sweeping arm up counterclockwise), -;