

SHAKE IT FOR ME

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Record: "Country Girl (Shake It For Me)" by Luke Bryan CD/"Tailgates & Tanlines" Capitol ASIN: B0052V0NQ8
Legally downloadable from www.amazon.com and others
Footwork: Opposite throughout except as noted (*woman in parentheses and italics*) 100%/45 rpm
Phase: Cha Cha Roundalab Phase IV+2 (Single Cuban Break, Double Cuban Breaks) Released April 5, 2014
Sequence: **Intro A B A B C A B C 1-7 End** Modified April 25, 2014

INTRO

(FCNG WALL 6 FT APT) **WAIT 2 MEAS; ; HOLD (W SLOW TURNING HIP BUMP 4X); ;**

- 1-2 FCNG WALL 6 FT APT wait; wait;
3 Hold (*W fwd R toe push/trn 1/4 LF to RLOD lifting R hip, drop R hip flexing L knee, fwd R toe push/trn 1/4 LF to WALL lifting R hip, drop R hip flexing L knee*);
4 Hold (*W fwd R toe push/trn 1/4 LF to LOD lifting R hip, drop R hip flexing L knee, fwd R toe push/trn 1/4 LF to COH lifting R hip, drop R hip flexing L knee*);

(FCNG WALL 6 FT APT) **CHASE; (W CATCH UP TO M); ; ;** (BFLY WALL)

- 5 Fwd L trng 1/2 RF (*W rk bk R*), rec fwd R to face COH, fwd L/cl R, fwd L taking short steps to allow W to join him;
6 Fwd R trng 1/2 LF (*W fwd L trng 1/2 RF*), rec L to fc COH, fwd R/cl L, fwd R;
7-8 Rk fwd L (*W fwd R trng 1/2 LF*), rec R, bk L/cl R/bk L; rk bk R, rec L, fwd R/cl L, fwd R;

PART A

(BFLY WALL) **TRAVELING DOOR; TWICE TO OP; (OP LOD) CIRCLE CHA; ;** (BFLY WALL)

- 1-2 Rk sd L, rec R, XLIF/sd R, XLIF; rk sd R, rec L, XRIF/sd L, XRIF blending to OP LOD;
3-4 Circle LF (*W RF*) L, R, L/cl R, L; continue circle LF R, L, R/cl L, R;

(BFLY WALL) **HALF BASIC; WHIP; (BFLY COH) FENCE LINE; WHIP; (BFLY WALL)**

- 5 Rk fwd L, rec R, sd L/cl R, sd L;
6 Bk R trng 1/4 LF, fwd L cont trng 1/4 to fc COH, sd R/cl L, sd R
(*W fwd L outside M on his left side, fwd R trng 1/2 LF to fc M, sd L/cl R, sd L*);
7 XLIF, rec R, sd L/cl R, sd L;
8 Bk R trng 1/4 LF, fwd L cont trng 1/4 to fc WALL, sd R/cl L, sd R
(*W fwd L outside M on his left side, fwd R trng 1/2 LF to fc M, sd L/cl R, sd L*);

(BFLY WALL) **HAND TO HAND; CRAB WALKS; ; UNDERARM TURN; (BFLY WALL)**

- 9-10 XLIB to trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L; XRIF, sd L, XRIF/sd L, XRIF;
11-12 Sd L, XRIF, sd L/cl R, sd L; XRIF (*W XLIF trng 1/2 RF*), rec L (*W rec R complete 1/2 RF trn to BFLY*), sd R/cl L, sd R;

(BFLY WALL) **NEW YORKER; SHOULDER TO SHOULDER; TWICE; SPOT TURN; (BFLY WALL)**

- 13-14 XLIF trng to LOP, rec R trng to BFLY WALL, sd L/cl R, sd L; XRIF to BFLY BJO (*W XLIB*), rec L to fc, sd R/cl L, sd R;
15 XLIF BFLY to SCAR/RLOD (*W XRIB*), rec R to fc, sd L/cl R, sd L;
16 XRIF trng 1/2 LF on crossing ft (*W trn RF*), rec L cont trng to fc ptr, sd R/cl L, sd R;

PART B

(BFLY WALL) **MODIFIED PEEKABOO CHASE DOUBLE; ; ; DOUBLE CUBANS; ; FINISH THE CHASE; ;**

- 1-2 Fwd L trng 1/2 RF (*W rk bk R*), rec fwd R, fwd L/cl R, fwd L; rk sd R look over L shoulder, rec L, in plc R/L, R;
- 3-4 Rk sd L look over R shoulder, rec R, in plc L/R, L; fwd R trng 1/2 LF (*W fwd L trng 1/2 RF*), rec L, fwd R/cl L, fwd R;
- 5-6 XLIF/rec R, rk sd L/rec R, XLIF/rec R, sd L; XRIF/rec L, rk sd R/rec L, XRIF/rec L, sd R;
- 7-8 Fwd L (*W fwd R trng 1/2 LF*), rec R, bk L/cl R, bk L; rk bk R, rec L, fwd R/cl L, fwd R;

PART C

(BFLY WALL) **ALEMANA; ; to a LARIAT; ;** (BFLY WALL)

- 1 Fwd L, rec R, bk L/cls R, small bk L leading W to commence RF turn;
- 2 Bk R, rec L, sd R/cls L, sd R
(bk R, rec L, fwd R/cls L, fwd R comm RF trn; cont RF trn under joined lead hnds fwd L, cont RF trn fwd R, sd L/cls R, sd L);
- 3 Sd L, rec R, in place L/R, L (*W circ clockwise around M fwd R, fwd L, fwd R/cl L, fwd R*);
- 4 Sd R, rec L, in place R/L, R (*W cont circ fwd L, fwd R. fwd L/cl R, sd L to fc ptr*)

(BFLY WALL) **BREAK BK TO OP & TRIPLE CHA FWD; ; NEW YORKER; SINGLE CUBAN BRK;** (BFLY WALL)

- 5-6 XLIB to OP LOD, rec fwd R, fwd L/lk R, fwd L; fwd R/lk L, fwd R, fwd L/lk R, fwd L;
- 7-8 Fwd R, rec L trng to BFLY WALL, sd R/cl L, sd R; XLIF/rec R, sd L, XRIF/rec L, sd R;

END

(BFLY WALL) **DOUBLE CUBAN BREAKS; ; SINGLE CUBAN BREAK; STAMP, STAMP, - , - ;**

- 1-2 XLIF/rec R, rk sd L/rec R, XLIF/rec R, sd L; XRIF/rec L, rk sd R/rec L, XRIF/rec L, sd R;
- 3-4 XLIF/rec R, sd L, XRIF/rec L, sd R; stamp L, stamp R, - , - ;



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Shake It For Me

Phase 4+2 Cha

Choreographer: Erin & Scot Byars

Music: Luke Bryan "Country Girl (Shake It For Me)"

Released: April 5, 2014 Modified: April 25, 2014

Intro A B A B C A B C 1-7 End

- Intro** **FACING 6 FT APART**
Wait 2 meas; ; woman slow turning hip bumps 4X; ;
Chase; (woman catch up to man); ; to BFLY;
- Part A** Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY
- Part B** Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;
- Part A** Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY
- Part B** Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;
- Part C** Alemana; ; to a lariat; ; break back to forward triple chas; ;
New Yorker; single cubans;
- Part A** Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY
- Part B** Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;
- Part C 1-7** Alemana; ; to a lariat; ; break back to forward triple chas; ;
New Yorker;
- End** Double cubans; ; single cubans; stamp, stamp;