

SPRINGTIME IN THE ROCKIES

CHOREO.: Susan Healea
ADDRESS: 2803 Louisiana St., Longview, WA 98632
MUSIC: "When It's Springtime In The Rockies" by Moe Bandy
ALBUM: "Cowboy Songs" by Moe Bandy
DOWNLOAD: Available at several Internet download sites
FOOTWORK: Opposite, dir to man, unless noted in parentheses and italics
SEQUENCE: INTRO-A-B-B-A[1-30]-END

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RHYTHM: Waltz
RAL PHASE: II + 1 [Side Corte]
DIFFICULTY: Easy
TIME@100%: 2:43
SUG. SPEED: 92%
REL. DATE: January, 2015

MEAS.

INTRODUCTION

1-4 2 MEAS WAIT OP-FCG WALL ; ; APART POINT ; TOGETHER TOUCH TO BFLY ;

1-2 [1-2] In OP-FCG WALL wait 2 meas ; ;
3-4 [3] From OP-FCG WALL apart L, point R toward partner, - ; [4] Tog R to BFLY WALL, tch L, - ;

5-8 BALANCE LEFT AND RIGHT ; ; TWIRL VINE ; THRU FACE CLOSE [TO BFLY WALL] ;

5-6 [5] In BFLY WALL sd L, XRib, rec L ; [6] Sd R, XLib, rec R ;
7-8 [7] From BFLY WALL releasing trail hands sd L comm slight RF turn, XRib, sd L comm slight LF turn (*W sd and fwd R comm RF turn under joined lead hands, sd and bk L cont RF turn, sd and fwd R comp RF turn*) ;
[8] Thru R, fwd and sd L trng RF (*W LF*) to BFLY WALL, cl R ;

PART A

1-4 WALTZ AWAY ; TURN IN TO LEFT OPEN ; BACK WALTZ ; BACK DRAW TOUCH ;

1-2 [1] From BFLY WALL blending to trailing hands jnd and trng slightly away from ptr fwd L, fwd R, cl L ;
[2] Fwd R turning RF (*W LF*) toward partner, sd and bk L cont turn and changing to lead hands joined, bk R completing turn to LEFT OPEN RLOD ;
3-4 [3] In LEFT OPEN RLOD bk L, bk and slightly sd R, cl L ; [4] Bk R, draw L, tch L ;

5-8 BALANCE FORWARD AND BACK ; ; THRU TWINKLE ; THRU FACE CLOSE ;

5-6 [5] In LEFT OPEN RLOD fwd L, cl R, in place L ; [6] Bk R, cl L, in place R ;
7-8 [7] From LEFT OPEN RLOD fwd L comm LF (*W RF*) turn, sd R cont LF (*W RF*) turn toward partner and changing to OPEN LOD, cl L ; [8] Thru R, fwd and sd L turning RF (*W LF*) to BFLY WALL, cl R ;

9-12 WALTZ AWAY ; LADY WRAP ; FORWARD WALTZ ; PICKUP ;

9-10 [9] From BFLY WALL blending to trailing hands jnd and trng slightly away from ptr fwd L, fwd R, cl L ;
[10] Fwd R, fwd L, cl R (*retaining jnd hands W turns LF L, R, L wrapping with the W's L arm in front of her waist and M's R arm behind her waist and joining M's L and W's R hands in front at chest height*) to WRAPPED LOD ;
11-12 [11] In WRAPPED LOD fwd L, fwd and very slightly sd R, cl L ; [12] Releasing trail hands fwd R [leading woman to CP LOD], sd and fwd L, cl R (*W fwd L comm LF turn to CP LOD, sd and bk R completing turn, cl L*) ;

13-16 2 LEFT TURNS [TO CP WALL] ; ; SIDE DRAW TOUCH LEFT AND RIGHT ; ;

13-14 [13] From CP LOD fwd L comm LF trn, cont turn sd R diag across LOD, cl L ;
[14] Bk R comm LF trn, cont turn sd L toward LOD to CP WALL, cl R ;
15-16 [15] In CP WALL sd L, draw R, tch R ; [16] Sd R, draw L, tch L ;

17-20 LEFT TURNING BOX ; ; ; ;

17-18 [17] From CP WALL fwd L comm ¼ LF turn, comp LF turn sd R to fc LOD, cl L ;
[18] Bk R comm ¼ LF turn, comp LF turn sd L to fc COH, cl R ;
19-20 [19] From CP COH fwd L comm ¼ LF turn, comp LF turn sd R to fc RLOD, cl L ;
[20] Bk R comm ¼ LF turn, comp LF turn sd L to fc WALL, cl R ;

21-24 TWISTY VINE TO BJO DLW ; MANEUVER ; 2 RIGHT TURNS TO CP LOD ; ;

21-22 [21] From CP WALL sd L, XRib (*W XLif*), sd L rotating LF to BJO DLW ; [22] Comm RF trn fwd R (*W bk L*), cont RF trn to fc partner sd L, comp trn to CP RLOD cl R ;
23-24 [23] From CP RLOD bk L comm RF turn, cont turn sd R toward LOD, cl L ; [24] Fwd R comm RF turn, cont turn sd L to CP LOD, cl R ;

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PHASE II + 1 WALTZ [Easy] BY SUSAN HEALEA

PART A [CONTINUED]

25-28 FORWARD WALTZ TWICE ; ; PROGRESSIVE BOX ; ;

- 25-26 [25] In CP LOD fwd L, fwd and slightly sd R, cl L ; [26] Fwd R, fwd and slightly sd L, cl R ;
27-28 [27] In CP LOD fwd L, sd R, cl L ; [28] Fwd R, sd L, cl R ;

29-32 2 LEFT TURNS [TO CP WALL]* ; ; CANTER TWICE ; ;

- 29-30 [29] From CP LOD fwd L comm LF trn, cont turn sd R diag across LOD, cl L ;
[30] Bk R comm LF trn, cont turn sd L toward LOD to CP WALL, cl R ; *Second time thru go to Ending
31-32 [31] In CP WALL sd L, draw R, cl R ; [32] Sd L, draw R, cl R ;

PART B

1-4 WALTZ AWAY ; BOTH ROLL ACROSS TO LEFT OPEN LOD ; THRU TWINKLE ; THRU FACE CLOSE ;

- 1-2 [1] From CP WALL releasing lead hands and joining trail hands and trng slightly away from ptr fwd L, fwd R, cl L ;
[2] Sd and fwd R trng RF and crossing in front of W, sd and bk L cont to change sds with W, sd R to LOP LOD (*W trns LF and changes sds in back of M and both dancers individually rotate 360 degrees while changing sds*) ;
3-4 [3] From LEFT OPEN LOD fwd L comm LF (*W RF*) turn, sd R cont LF (*W RF*) turn toward partner and changing to OPEN RLOD, cl L ; [4] Thru R, fwd and sd L turning RF (*W LF*) to BFLY COH, cl R ;

5-8 WALTZ AWAY AND TOGETHER TO BFLY [COH] ; ; BALANCE LEFT AND RIGHT ; ;

- 5-6 [5] From BFLY COH blending to trailing hands jnd and trng slightly away from ptr fwd L, fwd R, cl L ;
[6] Fwd R comm RF trn, fwd L cont RF trn to BFLY COH, cl R ;
7-8 [7] In BFLY COH sd L, XRib, rec L ; [8] Sd R, XLib, rec R ;

9-12 LACE ACROSS TO LEFT OPEN RLOD ; FORWARD WALTZ ; THRU TWINKLE ; THRU FACE CLOSE ;

- 9-10 [9] From BFLY COH releasing trail hands and retaining joined lead hands and passing behind W moving diagonally across Line of Progression fwd L, fwd R to LEFT OPEN RLOD, cl L ; [10] Fwd R, fwd and slightly sd L, cl R ;
11-12 [11] From LEFT OPEN RLOD fwd L comm LF (*W RF*) turn, sd R cont LF (*W RF*) turn toward partner and changing to OPEN LOD, cl L ; [12] Thru R, fwd and sd L turning RF (*W LF*) to CP WALL, cl R ;

13-16 DIP CENTER ; MANEUVER ; 2 RIGHT TURNS [TO CP WALL] ; ;

- 13-14 [13] In CP WALL bk L with relaxed knee, -, - ;
[14] Comm RF trn fwd R (*W bk L*), cont RF trn sd L, comp trn to CP RLOD cl R ;
15-16 [15] From CP RLOD bk L comm RF turn, cont turn sd R toward LOD, cl L ;
[16] Fwd R comm RF turn, cont turn sd L to CP WALL, cl R ;

ENDING

1-2 [SLOWLY] CANTER ; SIDE CORTE ;

- 1-2 [1] In CP WALL slowing with music sd L, draw R, cl R ;
[2] Sd L with slight lowering and relaxation of supporting leg and both dancers looking RLOD, -, - ; **SMILE ☺**