

Stuck In The Middle With You

Choreographers: Jay & June Rosenthal
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Rhythm & Phase: Cha Cha – Phase III + TS (Slo Sd, Draw, Cl; Bball Trn)
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Music: Stuck In The Middle With You, by Juice Newton (2:51)
Download Amazon MP3, from Album “Old Flame”
Difficulty: Easy
Speed: As downloaded or adjust to suit.
Footwork: Opposite, Unless noted (*W's footwork in parenthesis*)
Sequence: Intro-A-A-B-Inter-C-B-Inter-A-End
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Notes: (1) Part A has a Chase interrupted by Cucarachas. This occurs where the lyrics refer to “clowns to the left of me and jokers to the right”. As an option, the dancers may point with their fingers at others in the room that might fit that description while doing the Cucarachas. (2) In the Interlude section the Artist sings the word “please” two times for two measures each time. At that point the rhythm changes from Cha Cha to a slow, even meter. To match this, two slow Side Draw Closes are done for two measures, then a slow Basketball Turn for two measures.

Introduction

1-4 (Bk/Bk) Wait; Wait; Circ Awy & Tog to BFLY Wall;;

1-2 Back to back position, lead ft free, wait 2 meas

3-4 **{Circle away and Together to Butterfly}** Fwd L trn LF 1/4, Fwd R, Fwd L/cl R, Fwd L trn to face ptr;
Fwd R, Fwd L, Fwd R/cl L, Fwd R to BFLY/WALL;

Part A

1-4 (BFLY) Basic;; New Yorker to a Spt Trn No Hnds;;

1-2 **{Basic}** Fwd L, Rec R, Sd L/cl R, Sd L; Bk R, Rec L, Sd R/cl L, Sd R;

3 **{New Yorker}** Trng RF (*LF*) to fc RLOD step thru L to LOP, Rec Bk R trng to fc ptr, Sd L/cl R, Sd L;

4 **{Spot Turn}** XRif (*XLif*) trng LF (*RF*), Cont trn rec fwd L to fc ptr and WALL, Sd R/cl L, Sd R;

5-8 Time Steps Twice;; Chase/M Trn; Both Trn Tandem;

5-6 **{Time Steps Twice}** No hnds XLib (*XRib*), Rec R, Sd L/cl R, Sd L; No hnds XRib (*XLib*), Rec L, Sd R/cl L, Sd R;

7 **{Chase/Man Turn}** Fwd L trng 1/2 RF, Rec fwd R twd COH, Fwd L/cl R, Fwd L (*Bk R, Rec L, Fwd R/cl L, Fwd R*);

8 **{Both Turn to Tandem}** Fwd R trng 1/2 LF, Rec fwd L twd wall, Fwd R/cl L, Fwd R
(*Fwd L trng 1/2 RF, Rec Fwd R twd wall, Fwd L/cl R, Fwd L*);

9-12 Cucarachas Twice;; W Trn; Bk Basic BFLY;

9-10 **{Cucarachas Twice}** Sd L, Rec R, in place L/R, L; Sd R, Rec L, in place R/L, R;

11 **{Woman Turn}** Fwd L, Rec R, Bk L/cl R, Bk L (*Fwd R trng 1/2 LF, Rec Fwd L twd COH, Fwd R/cl L, Fwd R*);

12 **{Back Basic to Butterfly}** Bk R, Rec L, Fwd R/cl L, Fwd R; (*Fwd L, Rec R, Bk L/cl R, Bk L*);

Part B

1-4 (BFLY) Half Basic; Undrm Trn to a Lariat - BFLY;;;

1 **{Half Basic}** Fwd L, Rec R, Sd L/cl R, Sd L;

2 **{Underarm Turn}** XRib leading W to trn RF under jnd lead hnds, Rec L, Sd R/cl L, Sd R leading W to M's R sd
(*W XLif trng RF, Rec R cont trn to fc M, Sd L/cl R, Sd L*);

3-4 **{Lariat}** Leading the W to circle RF around M sd L, Rec R, step in place L/R, L (*Lady circle RF around M fwd R, Fwd L, Fwd R/L, R*); Sd R, Rec L, step in place R/L, R (*Cont circling arnd M fwd L, Fwd R, Fwd L/R, L to fc M*);

5-6 Shldr to Shldr Twice;;

5-6 **{Shldr to Shldr Twice}** Fwd L to BFLY SCAR, Rec R to fc, Sd L/cl R, Sd L; Fwd R to BFLY BJO, Rec L, Sd R/cl L, Sd R;

Interlude (4 even steps)

1-4 Slo Sd Draw Cl; Twice; Slo Bball Trn in 4 – BFLY;;

1-2 {**Slow Side Draw Close Twice**} Sd L,-, Draw R & cl,-; Sd L,-, Draw R & cl,-;

3-4 {**Basketball Turn**} Lunge sd L trng RF (*LF*), -, Continue trng rec fwd R twd RLOD, - ;
Trng RF (*LF*) lunge sd L RLOD, -, Continue trng rec fwd R to BFLY, - ;

Part C

1-4 (BFLY) Trav Door Twice – to OP;; Circ Cha to Fc;;

1-2 {**Traveling Door Twice**} Lunge Sd L, Rec R, XLIF (*XRIF*)/Sd R, XLIF (*XRIF*) ;
Lunge Sd R, Rec L, XRif (*XLif*)/Sd L, XRif (*XLif*) to open;

3-4 {**Circle Cha to Face**} Circling away from ptr LF (*RF*) Fwd L, Fwd R, Fwd L/cl R, Fwd L ;
Continue circling LF (*RF*) twd ptr Fwd R, Fwd L, Fwd R/cl L, Fwd R ;

5-8 Fwd Basic to a Whip;; Hnd to Hnd Twice;;

5 {**Forward Basic**} Fwd L, Rec bk R, Bk L/cl R, Bk L ;

6 {**Whip**} Bk R commence 1/4 LF trn, Cont trn 1/4 rec fwd L to fc COH, Sd R/cl L, Sd R
(*Fwd L outside M, Fwd R commence 1/2 LF trn to fc M, Sd L/cl R, Sd L*) ;

7-8 {**Hand to Hand Twice**} Bk L twd LOD op fc RLOD, Rec R to BFLY, Sd L/cl R, Sd L ;
Bk R twd RLOD op fc LOD, Rec L to BFLY, Sd R/cl L, Sd R ;

9-12 Fwd Basic to a Whip;; Hnd to Hnd to a Spt Trn BFLY;;

9 {**Forward Basic**} Fwd L, Rec Bk R, Bk L/cl R, Bk L ;

10 {**Whip**} Bk R commence 1/4 LF trn, cont trn 1/4 Rec Fwd L to fc wall, Sd R/cl L, Sd R
(*Fwd L outside M, Fwd R commence 1/2 LF trn to fc M, Sd L/cl R, Sd L*) ;

11 {**Hand to hand**} Bk L twd RLOD op fc LOD, Rec R to BFLY, Sd L/cl R, Sd L ;

12 {**Spot Turn**} XRif (*XLif*) trng LF (*RF*), Cont trn rec fwd L to fc ptr and WALL, Sd R/cl L, Sd R ;

Ending

1-4 (BFLY) Basic;; New Yorker to a Spt Trn No Hnds;;

1-2 {**Basic**} Fwd L, Rec R, Sd L/cl R, Sd L ; Bk R, Rec L, Sd R/cl L, Sd R ;

3 {**New Yorker**} Trng RF (*LF*) to fc RLOD step thru L to LOP, Rec Bk R trng to fc ptr, Sd L/cl R, Sd L ;

4 {**Spot Turn**} XRif (*XLif*) trng LF (*RF*), Cont trn rec fwd L to fc ptr and WALL, Sd R/cl L, Sd R ;

5-8 (FCG No Hnds) Time Steps Twice;; Cucarachas Twice – BFLY;;

5-6 {**Time Steps Twice**} No hnds XLib (*XRib*), Rec R, Sd L/cl R, Sd L ; No hnds XRib (*XLib*), Rec L, Sd R/cl L, Sd R ;

7-8 {**Cucaracha Twice**} Sd L, Rec R, In place L/R, L ; Sd R, Rec L, in place R/L, R ;

9-12 Fence Line Twice;; New Yorker; Crab Walk to a Lunge & Hold;

9-10 {**Fence Line Twice**} Cross lunge thru L with bent knee, Rec R trng to fc ptr, Sd L/cl R, Sd L ;
Cross lunge thru R with bent knee, Rec L, Sd R/cl L, Sd R ;

11 {**New Yorker**} Trng RF (*LF*) to fc RLOD step thru L to LOP, Rec Bk R trng to fc ptr, Sd L/cl R, Sd L ;

12 {**Crab Walk To a Lunge and Hold**} XRif (*XLif*), Sd L, XRif (*XLif*)/Sd L, XRif (*XLif*) ; Sd L,-,- ;

Acknowledgements: With thanks to Charlie & Joni Eskin for their help in fine-tuning the cues.

Stuck In The Middle With You

Head Cues And Lyrics

Introduction

1-4 (Bk/Bk) Wait; Wait; Circ Awy & Tog to BFLY Wall;;
Well I

Part A

1-4 (BFLY) Basic;; New Yorker to a Spt Trn No Hnds;;
Don't know why I came here tonight, I got a feeling that something ain't right, I'm so
5-8 Time Steps Twice;; Chase/M Trn; Both Trn Tandem;
Scared in case I fall off my chair, and I don't know how I'll get down the stairs, well
9-12 Cucarachas Twice;; W Trn; Bk Basic BFLY;
Clowns to the left of me jokers to the right, here I am stuck in the middle with you, yes I'm

Part A

1-4 (BFLY) Basic;; New Yorker to a Spt Trn No Hnds;;
Stuck in the middle with you, and I'm wondering what it is I should do, it's so
5-8 (FCG No Hnds) Time Steps Twice;; Chase/M Trn; Both Trn Tandem;
Hard to keep a smile on my face, when I'm roaming all over the place,
9-12 Cucarachas Twice;; W Trn; Bk Basic BFLY;
Clowns to the left of me jokers to the right, here I am stuck in the middle with you, well you

Part B

1-4 Half Basic; Undrm Trn to a Lariat - BFLY;;;
Started off with nothing and you're proud that you're a self-made man, and your
5-6 Shldr to Shldr Twice;;
Family comes to call and slaps you on the back say

Interlude (Slow even steps)

1-4 Slo Sd Draw Cl; Twice; Slo Bball Trn in 4 – BFLY;;
Please...Please

Part C (Instrumental)

1-4 (BFLY) Trav Door Twice – to OP;; Circ Cha to Fc;;
5-8 Fwd Basic to a Whip;; Hnd to Hnd Twice;;
9-12 Fwd Basic to a Whip;; Hnd to Hnd to a Spt Trn BFLY;;
Well you

Part B

1-4 Half Basic; Undrm Trn to a Lariat - BFLY;;

Started off with nothing and you're proud that you're a self-made man, and your

5-6 Shldr to Shldr Twice;;

Family comes to call and slaps you on the back say

Interlude

1-4 Slo Sd Draw Cl; Twice; Slo Bball Trn in 4 – BFLY;;

Please...Please

Part A

1-4 (BFLY) Basic;; New Yorker to a Spt Trn No Hnds;;

Trying to make some sense of it all, but I can see it makes no sense at all, is it

5-8 Time Steps Twice;; Chase/M Trn; Both Trn Tandem;

Cool to go to sleep on the floor? I don't think I can take anymore, well

9-12 Cucarachas Twice;; W Trn; Bk Basic BFLY;

Clowns to the left of me, jokers to the right, here I am stuck in the middle with you, oh-yeah

Ending

1-4 Basic;; New Yorker to a Spt Trn No Hnds;;

Stuck in the middle with you, here I am, stuck in the middle with you, here I am

5-8 (FCG No Hnds) Time Steps Twice;; Cucarachas Twice – BFLY;;

Stuck in the middle with you, here I am stuck in the middle with you, yes I am

9-12 Fence Line Twice;; New Yorker; Crab Walk to a Lunge & Hold;

Stuck in the middle with you, yeah, stuck in the middle with you, uh huh