

You Raise Me Up

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Music: You Raise Me Up (CD album Ballroom Perfecton) Artist: Susann Taylor TIME: 3:04 Speed: 100%

Available from Casa Mucia (www.casa-musica.de) Rhythm: WZ Phase: III+2 (diam trn, tele to SCP) Difficulty: ADV

Footwork: Opposite, directions for M. Seq.: INTRO-A-B-A-B-B-END

INTRO

1-4 WAIT 2 MEAS;; SWAY L & R;;

- 1-4 in BFY WALL wait 2 meas;; sd L taking partial weight while stretching the same of the body,-,-; sd R L taking partial weight while stretching the same of the body,-,-;

PART A

1-4 WZ AWY & TOG;; SOLO TRN 6;;

- 1-2 in BFY WALL fwd L slightly awy from ptr,fwd R,cl L; fwd R trn to fc ptr,sd & fwd L,cl R to BFY WALL;
3-4 fwd L comm LF(W RF) trn awy from ptr,cont trn sd R,cl L fc RLOD; bk R comm LF(W RF),cont trn sd L,cl R to CP WALL;

5-8 WHISK; THRU CHASSE to SCP; THRU CHASSE to BJO; FWD FWD/LK FWD;

- 5-8 fwd L,fwd & sd R,XLIB; thru R, sd L/cl R,sd L to SCP LOD; thru R, sd L/cl R,sd L BJO DLW; fwd R,fwd L/lk R,fwd L;

9-12 MANUV; BK BK/LK BK; BK TCH; FWD TCH;

- 9-10 comm RF trn fwd R,cont RF trn to fc ptr sd L,cl R to CP RLOD; bk L,bk R/lk L,bk R to BJO;
11-12 bk L,tch R,-; fwd R,tch L,-;

13-16 IMP to SCP; THRU FC CL; TWRL/VIN 3; PKUP;

- 13-14 bk L comm. RF trn,cl R cont RF trn (heel trn),fwd L(W fwd R comm. RF trn,sd & fwd L cont RF trn,fwd R) to SCP LOD;
thru R,sd L to fc ptr & WALL,cl R;
15-16 sd L,xrib,sd L(W RF twrl R,L,R); thru comm LF trn,sd & fwd R cont lf trn, cl R to CP LOD;

PART B

1-4 DIAM TRNS;;;:

- 1-4 in CP LOD fwd L comm. LF trn,sd R cont LF trn,bk L to BJO RDC; bk R cont LF trn,sd L cont LF,fwd R fc RDW; fwd L comm. LF trn,sd R cont LF trn,bk L fc DLW; bk R cont LF trn,-,sd L cont LF trn, fwd R to BJO DLC;

5-8 TELE to SCP; HVR FALWAY; SLIP PVT to BJO; MANUV;

- 5-6 fwd L comm LF trn,sd R cont LF trn,sd & slightly fwd L(W bk R comm LF trn bring L beside R with no weight,cont LF trn on R heel and change weight to L,sd & fwd R) to SCP DLW; staying in SCP fwd R,fwd L rise to ball on foot,rec R;
7-8 bk L,bk R comm LF,fwd L(W bk R comm LF trn pvt on ball of foot,fwd L comp LF trn,bk R; repeat meas 9 of PART A;

9-12 SPIN TRN; BOX FIN; 2 L TRNS;;

- 9-10 bk L toe pvt 1/2 RF trn fwd R,sd & bk L fc DLW; bk R comm LF fc DLC,sd L,cl R;
11-12 fwd L comm LF,cont trn sd & bk R,cl L; bk R comm LF,cont to trn sd & fwd L,comp tm cl R to CP WALL;

13-16 HVR; THRU HVR to BJO; BK HVR to SCP; THRU FC CL(2nd PKUP);

- 13-14 fwd L,fwd & sd R,sd & fwd R to SCP; thru R,fwd L (W fwd R trnLF) to BJO,rec R;
15-16 bk L,sd & bk L,(W fwd R,sd & fwd L trn RF), rec R to SCP LOD; repeat meas 14 of PART A end in BFY WALL (2nd repeat meas16 of PART A end in CP LOD);

END

1 APT PT;

- 1 in BFY WALL apt L,pt R,-;